

Whole Wheat Apple Pie

Carole Laughary

Crust:

1-1/4 cup wheat flour
2 tsp. sugar
1 tsp. salt
1/2 cup oil
2 T. milk

Filling:

2/3 cup sugar
2 T. wheat flour
1 tsp. cinnamon
4 apples - sliced thin
1/2 cup sour cream

Topping:

3/4 cup wheat flour
1/2 cup brown sugar
1/2 tsp. cinnamon
1/3 cup softened butter

Heat oven to 350°. For crust, combine flour, sugar, salt, oil and milk; mix well. Pat in ungreased 9" pie pan.

For filling, combine sugar, flour, cinnamon, apples and sour cream, spoon into unbaked crust.

For topping, combine topping ingredients, sprinkle over apples.

Bake for 40-45 minutes until topping is golden.

Personal Notes: This was always a bit puttsy but well worth it.