Main Courses: Seafood, Poultry, Pasta and Casseroles

## Beans

Carole Laughary

1 lb. hamburger
1 can kidney beans
1 can pork and beans
1 can butter beans (add last)
1/2 cup ketchup
3/4 cup brown sugar
2 T. vinegar
1 tsp. dry mustard

Put everything in crock pot for 6-8 hours on low heat.

Personal Notes: These are the beans that I have made for years. The recipe originally came from Dee Goertzen. You can change it around to your heart's content.

## **Dakota Dinner**

Carole Laughary

1 lb. ground beef 6 potatoes, sliced 1 onion, sliced 1/2 cup milk 1 can cream style corn 1 tsp. salt pepper

Brown hamburger and onions. Layer ingredients in a greased casserole dish, adding corn on top and pour milk over all. Bake at 350°

for 1-1/2 hours until potatoes are done.

Personal Notes: Do you remember this? It was a mainstay. This was back in the days where dinner was whatever I could do with 1 pound of hamburger.